



CPA OTTAWA NATURAL CLASSIC
OTTAWA, ON - JUN 17, 2023

FINAL PLACINGS



Men's Bodybuilding - True Novice			
Placing	Competitor #	Name	Total Score
1	2	Adam Serour	3
2	1	Alex Penn	6

Men's Bodybuilding - Junior			
Placing	Competitor #	Name	Total Score
1	4	Marley Acosta	3
2	2	Adam Serour	7
3	6	Dylan Neil	8

Men's Bodybuilding - Masters 40+			
Placing	Competitor #	Name	Total Score
1	7	Claude Lessard	3

Men's Bodybuilding - Open Lightweight			
Placing	Competitor #	Name	Total Score
1	4	* Marley Acosta *	3
2	7	Claude Lessard	6
3	9	Adam Salter	10
4	8	Carlo Cano	11

Men's Bodybuilding - Open Heavyweight			
Placing	Competitor #	Name	Total Score
1	6	Dylan Neil	3
2	10	Sam Dodson	6
3	1	Alex Penn	9

Men's Classic Physique - True Novice A			
Placing	Competitor #	Name	Total Score
1	14	James Guerin	3
2	16	Gabriel Legault	6
3	15	Patrick Lafontaine	10
4	18	Bilal Omer	12
5	28	Kohei Yatabe	14
6	13	Daniel Gerdel	18
7	12	Jonathan Forgues	20
8	22	Nicolas Cheff	24
9	11	Dylan Critchley	27
NS	19	Matthew Sparkes	NS

Men's Classic Physique - True Novice B			
Placing	Competitor #	Name	Total Score
1	27	Jordan Serour	3
2	17	Aidan Metcalfe	6
3	23	Slown Hellstrom	9
4	5	Pierre-Olivier Larocque	12
5	149	Garnet Harris	16
6	3	Ben Vannoppen	18
7	25	Isaac Rundle	21
8	20	Derek Amyot	24
9	26	Gage Sauve	27
10	1	Alex Penn	30

Men's Classic Physique - Novice			
Placing	Competitor #	Name	Total Score
1	27	Jordan Serour	3
2	23	Slown Hellstrom	6
3	16	Gabriel Legault	9
4	5	Pierre-Olivier Larocque	12
5	29	Alex Barker-Mazet	15
6	30	Matthew Broughton	18
7	31	Daniel Haystead	20

Men's Classic Physique - Junior			
Placing	Competitor #	Name	Total Score
1	33	Justus Mcrae	3
2	27	Jordan Serour	6
3	17	Aidan Metcalfe	9
4	18	Bilal Omer	12
5	36	Liam Serour	15
6	28	Kohei Yatabe	18
7	2	Adam Serour	20
8	6	Dylan Neil	24
9	5	Pierre-Olivier Larocque	27
10	16	Gabriel Legault	32
11	13	Daniel Gerdel	33
12	3	Ben Vannoppen	36
13	35	David Sadelski	40
14	25	Isaac Rundle	42
15	19	Matthew Sparkes	44
16	26	Gage Sauve	46
16	32	Kurt Cantello	48
16	34	Jun Oh	48
16	45	Akram Merabti	48

Men's Classic Physique - Masters 40+			
Placing	Competitor #	Name	Total Score
1	39	Adam Sauve	3
2	149	Garnet Harris	6
3	37	Michael Maillet	9
4	38	Phil Parent	12

Men's Classic Physique - Open Class A			
Placing	Competitor #	Name	Total Score
1	40	* Eric Di *	3
2	14	James Guerin	6
3	16	Gabriel Legault	10
4	36	Liam Serour	12
5	2	Adam Serour	15
6	15	Patrick Lafontaine	17
7	41	Qi Tang	21
8	13	Daniel Gerdel	24
9	12	Jonathan Forgues	27
10	22	Nicolas Cheff	30
11	37	Michael Maillet	33

Men's Classic Physique - Open Class B			
Placing	Competitor #	Name	Total Score
1	43	Cedrik Carriere	3
2	42	Alex Carmichael	6
3	33	Justus Mcrae	9
4	27	Jordan Serour	12
5	5	Pierre-Olivier Larocque	16
6	6	Dylan Neil	17
7	39	Adam Sauve	22
8	44	Craig Cohen	23
9	30	Matthew Broughton	27
10	25	Isaac Rundle	30
11	31	Daniel Haystead	33
12	45	Akram Merabti	37
13	35	David Sadelski	39
14	10	Sam Dodson	40
15	1	Alex Penn	45

Men's Physique - True Novice A			
Placing	Competitor #	Name	Total Score
1	47	Alexis Lalonde	3
2	48	Ismael Srour	6
3	62	Alexandre Roger	9
4	57	Miguel Marion	12
5	58	Marwan Mustafa	14
6	46	Khang Hua	19
7	13	Daniel Gerdel	20
8	54	Jason Ellenor	25
9	50	Emmanuel Thervil	26

Men's Physique - True Novice B			
Placing	Competitor #	Name	Total Score
1	55	Riley Greer	4
2	56	Victor Hui	6
3	59	Amin Nafar	9
4	53	Christopher Closs	12
5	28	Kohei Yatabe	15
6	49	Brian St Juste	18
7	51	Ryan Cherry	21
8	60	Moti Nemati	23
9	52	Andy Clarke	27
10	63	Jonathan Stetch	31
11	22	Nicolas Cheff	32
12	61	Brandon Power	34

Men's Physique - Novice			
Placing	Competitor #	Name	Total Score
1	55	Riley Greer	3
2	58	Marwan Mustafa	7
3	52	Andy Clarke	8

Men's Physique - Junior			
Placing	Competitor #	Name	Total Score
1	55	Riley Greer	5
2	33	Justus Mcrae	6
3	56	Victor Hui	9
4	28	Kohei Yatabe	12
5	57	Miguel Marion	15
6	54	Jason Ellenor	19
7	35	David Sadelski	20
8	64	John Kurt	24

Men's Physique - Masters 50+			
Placing	Competitor #	Name	Total Score
1	65	Mark Beatty	3
2	66	Martin Dube	6

Men's Physique - Masters 40+			
Placing	Competitor #	Name	Total Score
1	67	Daniel Hebert	4
2	62	Alexandre Roger	5
3	51	Ryan Cherry	10
4	65	Mark Beatty	12
5	66	Martin Dube	16
6	68	Steven Long	17

Men's Physique - Open Class A			
Placing	Competitor #	Name	Total Score
1	47	Alexis Lalonde	3
2	48	Ismael Srour	6
3	62	Alexandre Roger	10
4	57	Miguel Marion	11
5	9	Adam Salter	16
6	46	Khang Hua	17
7	70	Byungjun Jeun	21
8	65	Mark Beatty	23

Men's Physique - Open Class B			
Placing	Competitor #	Name	Total Score
1	69	Josh Buchko	3
2	55	Riley Greer	6
3	72	Travis Priest	9
4	33	Justus Mcrae	10
5	71	Dave Liu	16
6	34	Jun Oh	17
7	32	Kurt Cantello	22
8	58	Marwan Mustafa	24
9	66	Martin Dube	27
10	64	John Kurt	31
11	150	Romario Jenny Dulis	32

Men's Physique - Open Class C			
Placing	Competitor #	Name	Total Score
1	42	* Alex Carmichael *	3
2	56	Victor Hui	6
3	59	Amin Nafar	9
4	67	Daniel Hebert	12
5	51	Ryan Cherry	15
6	52	Andy Clarke	18
7	53	Christopher Closs	20
8	63	Jonathan Stetch	24
9	24	Connor Mackenzie	27
10	35	David Sadelski	30
11	10	Sam Dodson	33

Women's Physique - True Novice			
Placing	Competitor #	Name	Total Score
1	74	Marie-Eve Martin	3
2	73	Hailie Jacobs	6

Women's Physique - Masters 35+			
Placing	Competitor #	Name	Total Score
1	75	Stephanie Gamble	3

Women's Physique - Open			
Placing	Competitor #	Name	Total Score
1	74	Marie-Eve Martin	3
2	75	Stephanie Gamble	6
3	76	Mackenzie Craig	9
4	77	Cynthia Nugent	12
5	73	Hailie Jacobs	15

Women's Figure - True Novice			
Placing	Competitor #	Name	Total Score
1	82	Catherine Rondeau	3
2	81	Rebecca Kerby Louissaint	6
3	80	Courtney Hill	9
4	79	Tammy Dagenais	12

Women's Figure - Novice			
Placing	Competitor #	Name	Total Score
1	80	Courtney Hill	3

Women's Figure - Masters 45+			
Placing	Competitor #	Name	Total Score
1	83	Connie Beatty	3
2	79	Tammy Dagenais	6
3	85	Kimberly Stapleton	9
4	84	Donna Beres	12

Women's Figure - Masters 35+			
Placing	Competitor #	Name	Total Score
1	83	Connie Beatty	3
2	85	Kimberly Stapleton	6

Women's Figure - Open Class A			
Placing	Competitor #	Name	Total Score
1	82	* Catherine Rondeau *	3
2	77	Cynthia Nugent	6
3	83	Connie Beatty	10
4	76	Mackenzie Craig	11
5	86	Audrey Beaulieu	15

Women's Figure - Open Class B			
Placing	Competitor #	Name	Total Score
1	81	Rebecca Kerby Louissaint	3
2	80	Courtney Hill	6
3	85	Kimberly Stapleton	9

Women's Wellness - True Novice			
Placing	Competitor #	Name	Total Score
1	74	Marie-Eve Martin	3
2	87	Makaila Coulson	6
3	92	Kiana Richard	9
4	91	Wendy Picknell	11
5	88	Marie-Gabrielle Lepage	15
6	90	Alanna Mcllelland	18

Women's Wellness - Novice			
Placing	Competitor #	Name	Total Score
1	87	Makaila Coulson	3
2	92	Kiana Richard	6

Women's Wellness - Masters 35+			
Placing	Competitor #	Name	Total Score
1	94	Natacha Gour	3
2	91	Wendy Picknell	6
3	95	Liette Rose	9

Women's Wellness - Open			
Placing	Competitor #	Name	Total Score
1	74	Marie-Eve Martin	3
2	87	Makaila Coulson	6
3	94	Natacha Gour	8
4	91	Wendy Picknell	11
5	97	Rebecca Cronk	15
6	76	Mackenzie Craig	18
7	92	Kiana Richard	21
8	88	Marie-Gabrielle Lepage	24
9	96	Jammie Banks	27
10	90	Alanna Mcllelland	30
11	95	Liette Rose	33

Women's Bikini - True Novice A			
Placing	Competitor #	Name	Total Score
1	108	Desiree Labelle	3
2	99	Leane Dubuc	7
3	109	Emily Lafleur	10
4	104	Lillian Partridge	12
5	100	Abigail Godja	14
6	93	Mercedes Walls	18
7	103	Gabrielle Ladouceur-Akey	22
8	98	Melanie Blais	24
9	102	Joanna Jovero	27
10	111	Emilee Mcmillan	28

Women's Bikini - True Novice B			
Placing	Competitor #	Name	Total Score
1	107	Angie Cossette	3
2	106	Jade Chaloux	6
3	112	Raphaelle Raymond	9
4	78	Jaclyn Branch	12
5	115	Marla Thorne Meyer	17
6	105	Deepika Bhasin	18
7	113	Jordan Sousa-Dias	22
8	116	Heidi Trueman	24
9	110	Johanne Lavigne	27

Women's Bikini - Novice			
Placing	Competitor #	Name	Total Score
1	117	Yoon Mi Bae	3
2	99	Leane Dubuc	6
3	100	Abigail Godja	11
4	93	Mercedes Walls	16
5	78	Jaclyn Branch	17
6	116	Heidi Trueman	21
7	113	Jordan Sousa-Dias	23
NS	112	Raphaelle Raymond	NS

Women's Bikini - Masters 45+			
Placing	Competitor #	Name	Total Score
1	119	Myriam Jecki	3
2	110	Johanne Lavigne	8
3	118	Trina Hall Samson	9
4	98	Melanie Blais	10

Women's Bikini - Masters 35+			
Placing	Competitor #	Name	Total Score
1	122	Cintia Mayorga	4
2	94	Natacha Gour	5
3	114	Samantha Stephen	9
4	105	Deepika Bhasin	12
5	121	Andrea Ainslie	15
6	118	Trina Hall Samson	18

Women's Bikini - Open Class A			
Placing	Competitor #	Name	Total Score
1	108	* Desiree Labelle *	3
2	122	Cintia Mayorga	6
3	99	Leane Dubuc	9
4	125	Makayla Rogerson	13
5	94	Natacha Gour	15
6	104	Lillian Partridge	19
7	100	Abigail Godja	20
8	124	Lauren Lesarge	24
9	123	Biatris Lasu	25
10	97	Rebecca Cronk	30
11	116	Heidi Trueman	33
12	102	Joanna Jovero	34

Women's Bikini - Open Class B			
Placing	Competitor #	Name	Total Score
1	117	Yoon Mi Bae	3
2	107	Angie Cossette	6
3	106	Jade Chaloux	9
4	112	Raphaelle Raymond	12
5	109	Emily Lafleur	14
6	113	Jordan Sousa-Dias	18
7	110	Johanne Lavigne	20

Women's Bikini - Open Class C			
Placing	Competitor #	Name	Total Score
1	126	Lineah Eve Groskleg	3
2	114	Samantha Stephen	6
3	127	Joan Ofulue	9
4	78	Jaclyn Branch	12
5	93	Mercedes Walls	15
6	105	Deepika Bhasin	19
7	115	Marla Thorne Meyer	20