



# CPA VANCOUVER ISLAND SHOWDOWN

VICTORIA, BC - APRIL 23, 2023

## FINAL PLACINGS



Men's Bodybuilding - True Novice			
Placing	Competitor #	Name	Total Score
1	2	Karan Singh Malhi	4
2	11	Justin Fabbi	5
3	3	Bradly Yarrow	9
4	1	Andrew Barnes	12

Men's Bodybuilding - Novice			
Placing	Competitor #	Name	Total Score
1	2	Karan Singh Malhi	3

Men's Bodybuilding - Masters 50+			
Placing	Competitor #	Name	Total Score
1	5	Martyn Lafleur	3
2	4	Richard Benoit	6

Men's Bodybuilding - Masters 40+			
Placing	Competitor #	Name	Total Score
1	9	Ashley Whittington	3
2	8	Shayne Murray	6
3	6	Charles Archibald	9
4	7	Dustin Downer	12
5	5	Martyn Lafleur	15

<b>Men's Bodybuilding - Open Lightweight</b>			
Placing	Competitor #	Name	Total Score
1	2	Karan Singh Malhi	4
2	8	Shayne Murray	5
3	3	Bradly Yarrow	9
4	10	Keegan Beaulieu	12
5	1	Andrew Barnes	15
6	4	Richard Benoit	18

<b>Men's Bodybuilding - Open Light Heavyweight</b>			
Placing	Competitor #	Name	Total Score
1	11	Justin Fabbi	3

<b>Men's Bodybuilding - Open Heavyweight</b>			
Placing	Competitor #	Name	Total Score
1	12	<b>* Tyler Wonnacott *</b>	3
2	9	Ashley Whittington	6
3	24	Brendan Banser	9
4	6	Charles Archibald	12

<b>Men's Classic Physique - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	2	Karan Singh Malhi	3
2	11	Justin Fabbi	6
3	10	Keegan Beaulieu	9
4	3	Bradly Yarrow	12
5	15	Ryan Nohr	16
6	14	Carter Mulligan	17
7	13	Logan Manley	21
8	1	Andrew Barnes	24

<b>Men's Classic Physique - Novice</b>			
Placing	Competitor #	Name	Total Score
1	2	Karan Singh Malhi	3
2	17	Joshua Schottlander	7
3	16	Harley Thompson	8

<b>Men's Classic Physique - Junior</b>			
Placing	Competitor #	Name	Total Score
1	14	Carter Mulligan	3

<b>Men's Classic Physique - Masters 40+</b>			
Placing	Competitor #	Name	Total Score
1	8	Shayne Murray	3
2	16	Harley Thompson	6
3	15	Ryan Nohr	9
4	7	Dustin Downer	12

<b>Men's Classic Physique - Open Class A</b>			
Placing	Competitor #	Name	Total Score
1	19	Isaiah Mari	4
2	2	Karan Singh Malhi	5
3	8	Shayne Murray	9
4	15	Ryan Nohr	12

<b>Men's Classic Physique - Open Class B</b>			
Placing	Competitor #	Name	Total Score
1	21	Merr Ransom	3
2	11	Justin Fabbi	6
3	22	Calvin Tedesco	9
4	10	Keegan Beaulieu	13
5	3	Bradly Yarrow	14
6	20	Timothy Bamgbade	17
7	16	Harley Thompson	21
8	13	Logan Manley	24
9	1	Andrew Barnes	27

Men's Classic Physique - Open Class C			
Placing	Competitor #	Name	Total Score
1	24	<b>* Brendan Banser *</b>	3
2	23	Rob Anderson	7
3	6	Charles Archibald	9
4	26	Levi Tate	10
5	17	Joshua Schottlander	17
6	25	Sean Maddenn	18
7	14	Carter Mulligan	19
8	7	Dustin Downer	24

Men's Physique - True Novice			
Placing	Competitor #	Name	Total Score
1	30	Phillip Xie	3
2	27	Cole Amedro	6
3	29	Will Sass	9
4	28	Scott Lovely	13
5	18	Conrad James Shaw Cowan	14

Men's Physique - Novice			
Placing	Competitor #	Name	Total Score
1	31	Gursimran Nagra	3
2	27	Cole Amedro	6
3	28	Scott Lovely	10
4	18	Conrad James Shaw Cowan	11

Men's Physique - Junior			
Placing	Competitor #	Name	Total Score
1	30	Phillip Xie	3
2	31	Gursimran Nagra	6

Men's Physique - Masters 50+			
Placing	Competitor #	Name	Total Score
1	28	Scott Lovely	4
2	18	Conrad James Shaw Cowan	5
3	32	Warren Smith	9

Men's Physique - Masters 40+			
Placing	Competitor #	Name	Total Score
1	33	Sunder Singh	3
2	34	Ryan Villeneuve	6
3	18	Conrad James Shaw Cowan	9

Men's Physique - Open Class A			
Placing	Competitor #	Name	Total Score
1	33	<b>* Sunder Singh *</b>	3

Men's Physique - Open Class B			
Placing	Competitor #	Name	Total Score
1	36	Henry Vu	3
2	34	Ryan Villeneuve	6
3	18	Conrad James Shaw Cowan	9

Men's Physique - Open Class C			
Placing	Competitor #	Name	Total Score
1	27	Cole Amedro	3
2	37	Bagicha Singh	6
3	22	Calvin Tedesco	9

Men's Physique - Open Class D			
Placing	Competitor #	Name	Total Score
1	26	Levi Tate	3
2	25	Sean Maddenn	6
3	31	Gursimran Nagra	9
4	17	Joshua Schottlander	12
5	29	Will Sass	15

Women's Bodybuilding - Masters 35+			
Placing	Competitor #	Name	Total Score
1	38	Arbe Myhre	3
2	39	Deanna Pfeifer	6

Women's Bodybuilding - Open			
Placing	Competitor #	Name	Total Score
1	38	Arbe Myhre	3
2	39	Deanna Pfeifer	6
3	40	Karissa Appleby	9

Women's Physique - True Novice			
Placing	Competitor #	Name	Total Score
1	40	Karissa Appleby	3

Women's Physique - Masters 35+			
Placing	Competitor #	Name	Total Score
1	38	Arbe Myhre	3

Women's Physique - Open Class A			
Placing	Competitor #	Name	Total Score
1	41	Rebekaah Gains	3

Women's Physique - Open Class B			
Placing	Competitor #	Name	Total Score
1	38	<b>* Arbe Myhre *</b>	3

Women's Figure - Masters 45+			
Placing	Competitor #	Name	Total Score
1	42	Crystal Gretz	3
2	43	Heather Lind	6
3	44	Tracey Morrison	9

<b>Women's Figure - Masters 35+ A</b>			
Placing	Competitor #	Name	Total Score
1	46	Angela Hermann	3
2	43	Heather Lind	6
3	44	Tracey Morrison	9
4	45	Divya Dube	12

<b>Women's Figure - Masters 35+ B</b>			
Placing	Competitor #	Name	Total Score
1	42	<b>* Crystal Gretz *</b>	3
2	47	Haeley Mckinney	6

<b>Women's Figure - Open Class A</b>			
Placing	Competitor #	Name	Total Score
1	43	Heather Lind	3
2	44	Tracey Morrison	6

<b>Women's Figure - Open Class B</b>			
Placing	Competitor #	Name	Total Score
1	42	<b>* Crystal Gretz *</b>	3
2	47	Haeley Mckinney	6

<b>Women's Wellness - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	49	Tayla Wiebe	3
2	48	Mariana Macedo Bernal	6

<b>Women's Wellness - Novice</b>			
Placing	Competitor #	Name	Total Score
1	49	Tayla Wiebe	3
2	51	Cherstene Raposo	6

<b>Women's Wellness - Masters 35+</b>			
Placing	Competitor #	Name	Total Score
1	53	Crystal Petkau	3
2	51	Cherstene Raposo	6
3	52	Sophia Gabriel	9

<b>Women's Wellness - Open Class A</b>			
Placing	Competitor #	Name	Total Score
1	49	Tayla Wiebe	4
2	53	Crystal Petkau	5
3	48	Mariana Macedo Bernal	9
4	52	Sophia Gabriel	12

<b>Women's Wellness - Open Class B</b>			
Placing	Competitor #	Name	Total Score
1	55	<b>* Despina Staikos *</b>	3
2	51	Cherstene Raposo	6

<b>Women's Bikini - True Novice</b>			
Placing	Competitor #	Name	Total Score
1	56	Brianna Campardo	3
2	60	Helene Kiwala	6
3	59	Kristy Gamblin	9
4	61	Skylar Lozinski	13
5	63	Kesha Patel	14
6	64	Jenny Yue	18
7	57	Katerina Edwards	21
8	62	Cara Mcgregor	24



<b>Women's Bikini - Novice</b>			
Placing	Competitor #	Name	Total Score
1	59	Kristy Gamblin	3
2	66	Sarah Keller	6
3	65	Hollie Brown	9
4	64	Jenny Yue	12
5	68	Charlotte Starkey	15
6	67	Tara Norrish	18
7	57	Katerina Edwards	21

<b>Women's Bikini - Junior</b>			
Placing	Competitor #	Name	Total Score
1	70	Jordyn Spencer	4
2	69	Jenna Kuin	5
3	61	Skylar Lozinski	9

<b>Women's Bikini - Masters 55+</b>			
Placing	Competitor #	Name	Total Score
1	72	Lana Marie Tarasewich	3
2	71	Sherry Sharma	6

<b>Women's Bikini - Masters 45+</b>			
Placing	Competitor #	Name	Total Score
1	73	Sheri Amendt	3
2	74	Carla Ephgrave	6
3	75	Kindra Lahey	9
4	76	Shannon Zen	12
5	72	Lana Marie Tarasewich	15
6	71	Sherry Sharma	18

<b>Women's Bikini - Masters 35+ A</b>			
Placing	Competitor #	Name	Total Score
1	73	<b>* Sheri Amendt *</b>	3
2	74	Carla Ephgrave	6
3	77	Briar Charney	10
4	75	Kindra Lahey	11
5	52	Sophia Gabriel	15
6	62	Cara McGregor	18

<b>Women's Bikini - Masters 35+ B</b>			
Placing	Competitor #	Name	Total Score
1	78	Natalia Jaxion	3
2	76	Shannon Zen	6
3	58	Chantal Frappier	9
4	57	Katerina Edwards	12

<b>Women's Bikini - Open Class A</b>			
Placing	Competitor #	Name	Total Score
1	74	Carla Ephgrave	3
2	63	Kesha Patel	6

<b>Women's Bikini - Open Class B</b>			
Placing	Competitor #	Name	Total Score
1	69	Jenna Kuin	3
2	77	Briar Charney	6
3	52	Sophia Gabriel	9
4	62	Cara McGregor	12

Women's Bikini - Open Class C			
Placing	Competitor #	Name	Total Score
1	56	<b>* Brianna Campardo *</b>	3
2	59	Kristy Gamblin	6
3	65	Hollee Brown	10
4	70	Jordyn Spencer	11
5	76	Shannon Zen	15
6	80	Melanie Ribicic	18
7	67	Tara Norrish	21

Women's Bikini - Open Class D			
Placing	Competitor #	Name	Total Score
1	81	Arabella Emslie	3
2	66	Sarah Keller	6
3	60	Helene Kiwala	9
4	64	Jenny Yue	12
5	78	Natalia Jaxion	15
6	68	Charlotte Starkey	18
7	58	Chantal Frappier	21
8	57	Katerina Edwards	24
9	71	Sherry Sharma	27